

FALL 2026 GROUP WORK

CONTINUING EDUCATION SERIES

Ethical Challenges and Moral Injury in Turbulent Times: Implications for Individual and Group Practitioners

Friday, October 16th, 2026

1 pm – 4 pm Central (Chicago) Time | Zoom | 3 CEUs

This webinar satisfies the 3-hour Ethics requirement for LCSW licensure renewal in Illinois.

Today's social workers are facing multiple, compounding challenges: a policy landscape that threatens the populations we serve, the accumulating weight of moral injury across the profession, and the disorienting rise of AI and other technologies. Funding cuts threaten critically important services. Political violence targets immigrant communities, people of color, and other vulnerable populations. Technology is reshaping how we work. The question of how we sustain ourselves and our integrity has never been more urgent.

Join Dr. Frederic Reamer as he explores the moral harm social workers are experiencing as we hold ourselves, our clients, and our communities through this moment of political disruption and technological change. Participants will be invited to share what they're witnessing on the ground and to reflect collectively on what it means to practice with conscience and with care in our rapidly changing world.

At the end of this session, participants will be able to:

- Identify the sources of moral injury in contemporary social work practice with individuals and groups.
- Apply ethical standards when organizational, political, and technological forces create conflict with professional values and the well-being of clients, social work professionals, and communities.
- Describe strategies for practicing with conscience and care amid political and organizational challenges.

Fees: General \$85
Loyola Alum/Intern Supervisors \$70
Students \$25
20% discount if enrolled in 3 or more sessions

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Frederic Reamer, Ph.D.

Frederic Reamer is Professor Emeritus in the Rhode Island College School of Social Work. His teaching and research focus on professional ethics, criminal justice, mental health, health care, and public policy. He chaired the national task force that wrote the Code of Ethics adopted by the National Association of Social Workers in 1996 and served on the code revision task force. Dr. Reamer also chaired the national task force sponsored by NASW, the Association of Social Work Boards, Council on Social Work Education, and Clinical Social Work Association that developed standards governing social workers' use of technology in professional practice. Dr. Reamer's newest book is *Artificial Intelligence in the Behavioral Health Professions: Ethical and Risk Management Issues*.

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International Association for
Social Work with Groups, Inc.

Contact Caroline Gosselin at cgosselin@luc.edu
for additional info and scholarship options.

FALL 2026 GROUP WORK

CONTINUING EDUCATION WORKSHOP

Creating, Promoting, and Facilitating Successful Groups in Private Practice

Friday, November 13th, 2026

1 pm – 4 pm Central (Chicago) Time | Zoom | 3 CEUs

This interactive workshop is designed to equip practitioners with the tools and strategies to create and facilitate effective groups in private practice. Learn how to plan, design, and implement groups tailored to your clients' needs.

The session combines didactic information with case examples and shares practical knowledge about group structure, participant selection, marketing strategies, and best practices.

At the end of this session, participants will be able to:

- Develop strategies for creating, marketing, promoting and evaluating group offerings.
- Differentiate between psycho-educational, support, and process-oriented groups, and identify the facilitator's role within various types of groups.
- Screen and select participants to ensure effective group composition and alignment.

Fees: General \$95
Loyola Alum/Intern Supervisors \$75
Students \$25
20% discount if enrolled in 3 or more sessions

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Kendra A. Vargas, LCPC, PMH-C

Kendra A. Vargas (she/her), is a perinatal psychotherapist certified in perinatal mental health, group practice owner, clinical supervisor, retreat host, trainer, and consultant with over a decade of experience in community mental health and private practice. She is the founder of Authentically You Psychotherapy, a group practice that provides individual and group therapy services focused on reproductive and perinatal mental health. Kendra also offers consultation and trainings on topics related to creating and running groups in private practice, as well as topics on perinatal mental health. Kendra recently received an award as an Outstanding Group Practitioner in the Chicago area at the ASGW (Association for Specialists in Group Work) conference February, 2026.

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FALL 2026 GROUP WORK

CONTINUING EDUCATION SERIES

Serving Those Who Served: An Introduction to Military Culture and Veterans' Needs

Friday, November 20th, 2026

9 am – 12 pm Central Time | Zoom | 3 CEUs

Who is the largest employer of social workers in the US? What distinguishes sailors, marines, soldiers, airmen, guardians and coast guardsmen? What are the major mental health and psychosocial stressors experienced by military personnel?

This workshop provides information about military culture, the unique needs of veterans and service members, and the individual and group interventions that have proven effective with this population. With approximately 2.1 million active duty and reserve service members and 18 million living veterans, social workers will inevitably engage with this population and their families. This session provides an overview of the military structure and culture, the impact of service on members and their families, and the clinical considerations and interventions that support the health of military personnel.

At the end of this session, participants will be able to:

- Understand the key distinctions among military branches and the organizations of rank and structure.
- Recognize the demographic and cultural differences within the service branches.
- Describe major mental health and psychosocial stressors experienced by military personnel and families.
- Define mental health interventions and supports that are effective with this population.

Fees: General \$85
Loyola Alum/Intern Supervisors \$70
Students \$25
20% discount if enrolled in 3 or more sessions

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Pat Spencer, LCSW (she/her/hers)

Pat Spencer is a licensed clinical social worker. She has over 25 years of experience working in community mental health with adults, families and children. Her social work career includes care/case management, military and veteran services, emergency psychiatric screening, and teaching within MSW and continuing education programs. Currently, she maintains a private practice, BTC Counseling, in Highland Park, New Jersey, as well as Getting Your Mind in Gear, a mental skills coaching program for endurance athletes.

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FALL 2026 GROUP WORK

CONTINUING EDUCATION SERIES

Group Work: Engaging, Empowering, & Facilitating Groups

Monday, November 16th, 2026

12 pm – 4 pm Central Time | Zoom | 4 CEUs

Would you like to improve your group work practice with children, adolescents, young/older adults in settings such as schools, hospitals, addictions, and/or mental health agencies?

This interactive session provides theoretical and practical strategies for planning and facilitating effective groups. It addresses purpose, time and duration, composition and diversity, engagement, contracting, facilitator role and expectations, stages of group development, member and agency needs, use of activities, and assessment and feedback.

At the end of this session, participants will be able to:

- Harness the power of group work principles to create meaningful connection and change.
- Understand how groups develop and change over time, including what to expect from members at each stage, and the role of the leader throughout the process.
- Plan more effective group interventions for a wide variety of practice settings and populations.

Fees: General \$95

Loyola Alum/Intern Supervisors \$75

Students \$25

20% discount if enrolled in 3 or more sessions

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Greg Tully, Ph.D.

Dr. Tully is a Professor in the Social Work Department at West Chester University in West Chester, Pennsylvania. He has presented numerous group work lectures across the globe, published in internationally recognized journals, and served as President of the International Association for Social Work with Groups (IASWG), the professional association supporting group work practitioners and educators working with children, adolescents, young/older adults, in a variety of practice settings across five continents.

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